



The Louth Athletic Club Constitution

1. Title: The title of the club shall be Louth Athletic Club

2. Objects: The objects of the club shall be:

To encourage the practice and development of amateur athletics.

To provide coaching for the members and to organise competitions.

To organise teams to represent the club in Championships and Leagues, and in such other competitions as the Management Committee shall decide.

The club shall cater for:

Track and Field athletics.

Cross Country running

Road running

Road Relay running

Trail (multi-terrain) running

Sportshall

3. Membership: Membership shall be open to the whole community without discrimination. The club's facilities are also available to members without discrimination and any fees are set at a level that does not pose a significant obstacle to membership or use of the club's facilities. There shall be a minimum age of entry of Primary School Year 3. Each applicant for membership must complete the official application form.

4. Discrimination: The club has a policy of zero tolerance of any form of direct or indirect discrimination. This includes:

Discrimination on the grounds of ethnicity, nationality, sexual orientation, religion, or beliefs.

Discrimination on the grounds of sex, age, or disability, except as a necessary consequence of the requirements of a particular sport/event.

The club can refuse or revoke membership, on non-discriminatory grounds, where the membership or continued membership of the person concerned would likely to be contrary to the best interest to the sport or the good conduct and interests of the club.



5. Management: The management of the club shall be vested in a Management Committee which shall consist of;

President, Chairperson, Vice Chairperson, Honorary Treasurer, Honorary Secretary, who shall be the officers of the club, together with a Committee of a minimum of ten members which shall include the captain of the male section and captain of the female section. There must be a quorum of 5 members for a meeting to proceed (2 Officers and 3 Committee Members). All of the foregoing shall be elected at the Annual General Meeting and remain in office until the Annual General Meeting the following year. The Committee shall have the power to fill vacancies if, and, when they arise. The Committee shall also have the power to co-opt members for a particular project but, co-opted members shall not have a committee vote.

6. Annual General Meeting:

The Annual General Meeting shall be held in the month of November (or within 2 months of the end of the Club financial year) for the purpose of;

- (a) Receiving the Annual Report of the Committee.
- (b) Receiving the audited Statement of Accounts and Balance Sheet.
- (c) Electing the Officers and Committee for the ensuing year.
- (d) Electing the Honorary Auditors.
- (e) Considering any amendments to the Constitution Rules of which due notice has been given to all members. Any proposed change to a Constitution Rule by a member must be received by the Chairperson or Honorary Secretary at least 21 days prior to the date of the Annual General Meeting in order that all members shall have sufficient notice of the proposal.

At least 14 days' notice shall be given to members of the date, venue and, agenda items for the Annual General Meeting. Each fully paid-up member present at the meeting shall have one vote.

7. Affiliations: The club shall seek to be affiliated to the Lincolnshire Athletic Association, The Northern Counties Athletics Association, UK Athletics, England Athletics and to such other amateur athletic bodies as the Management Committee consider appropriate in order to carry out the objects of the club.

8. Subscriptions: The amount of the annual subscriptions shall be decided at the Annual General Meeting held each year and will be displayed on the notice board at the clubhouse. The yearly subscription must accompany the application for membership and thereafter is due on the 1st April in each year.



9. Resignations: Any member wishing to resign should do so in writing addressed to the Chairman or Honorary Secretary. The resignation shall be considered by the Committee within one calendar month of receipt and will be held as effective on the date of tendering.

10. Extraordinary General Meeting:

An Extraordinary General Meeting shall be called by the Honorary Secretary or Chairperson within one month of the receipt of a requisition signed by at least 25% of club members stating the proposal of the meeting. At least fourteen days' notice shall be given to all fully paid-up members of the date, venue and purpose of an Extraordinary General Meeting. No other business shall be conducted at such a meeting.

11. Non-Profit Making:

Any surplus income or gains must be reinvested in the club. Surpluses or assets cannot be distributed to members or third parties.

12. Dissolution: Application of assets on dissolution must be approved by Committee Members of the club at a General Meeting. Assets shall be distributed for the purpose of another CASC club or for the purpose of a charity to be decided by the Committee.

13. Constitution Amendments:

No Constitution rule may be altered, added to, or deleted except at an Annual General Meeting or at an Extraordinary General Meeting called for that purpose and then only by a two-thirds majority of those present and voting.

We hereby certify that this is a true copy of the Rules and Constitution of Louth Athletic Club.

Mr Paul Snowden
Chairperson

Mr Michael Benton
Secretary